

**"There is one thing no
one can ever take
away from you:
The growth you attain
through your own
search for
Self-knowledge."**

GROWING IN ALL DIRECTIONS

A weekend yoga retreat at Camp Asbury

*with Mike Curtis, Margot Milcetic, Heidi
Shaffer & special guests Jeff & Kris Kiko-Cozy*

Cost is \$165 per person before September 20th
for lodging and vegetarian dining service.
\$175 after September 20th.

- Location is Camp Asbury in Hiram, Ohio on 540 acres of beautiful land.
- We will each share a room with 3 others, furnished simply with beds and mattresses. Please bring sheets, pillows, towels, blankets, a yoga mat, a flashlight, & an umbrella.
- Check-in time is 5:00 pm Friday
 - Check-out by noon Sunday — no lunch served

Questions? Contact Mike Curtis (330) 499-2863,
or Margot Milcetic (330) 296-3863

**Friday, Oct. 2nd to
Sunday, Oct. 4th, 2009**

*This yoga weekend retreat
includes:*

Four multi-level yoga classes led by
Margot and Mike.

Peaceful Silence and Meditation

Dances Of Universal Peace.

Exploration, Observation & Acceptance.

Call and Response Chanting with
Breathing Room.



**6990 Whipple Ave. NW
North Canton, Ohio 44720
(330) 499-2863
www.theyogaplaceohio.com**



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Date: Friday, October 2nd to Sunday, October 4th
Cost: \$165 before September 20th. \$175 afterwards.

Return this form with deposit of \$50 (or full amount)
with check made out to:

**The Yoga Place
6990 Whipple Ave. NW, North Canton, Ohio 44720**

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ **E-mail:** _____