

Explore the wonder of movement and the beauty of stillness.



6990 Whipple Ave. NW
North Canton, Ohio 44720
(330) 499-2863
www.theyogaplaceohio.com

Monday

9 to 10:15am
Gentle yoga

10:30 to 11:45am
Power yoga

5:45 to 7pm
Moderate yoga

Wednesday

9 to 10:15am
Moderate yoga

5:45pm
Moderate yoga

7:15 to 8:30pm
Moderate yoga

Thursday

4 to 5:15pm
Gentle/moderate
yoga practice

6 to 7:10pm
Gentle yoga

Friday

9 to 10:15am
Moderate yoga

10:30 to 11:45am
Power yoga

Tuesday

9:30 to 10:45am
Moderate/gentle yoga

3:45 to 5pm
Tai Chi
(6 weeks for \$55)

5:45 to 6:45pm
Gentle yoga

7pm
Vinyasa
"Flow like a river"
(Challenging class/
for experienced
students.)

Belly Dancing

with Shanrae & Angela Prato

Beginning
Mondays,
8:30 to 9:30pm

Intermediate
Thursdays,
7:30 to 8:30pm

Advanced
Thursdays,
8:30 to 9:30

Sundays,
11am to 12pm

8-week session: \$100

Saturday

9 to 10:10am
Gentle yoga

10:30am to 12pm
Moderate
yoga

PRICING

*CLASSES IN GREY
AREAS ARE ON-GOING
(START ANYTIME)*

- ♦ 16-class pass: \$100
- ♦ 10-class pass: \$75
- ♦ 5-class-pass: \$40
- ♦ Drop-in: \$10
- ♦ Unlimited access to 4 weeks of yoga: \$48 (or \$500 annual)
- ♦ Private class: \$50

*CLASSES IN WHITE
AREAS ARE VARIABLE
See notes under class descriptions and check website*